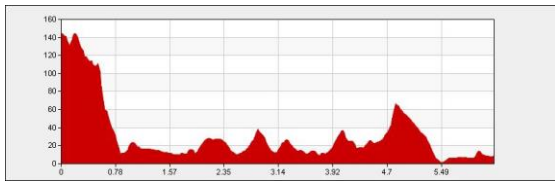


## South Downs 100 mile Relay Commemorative Edition

### Brighton Hash House Harriers Vets Team - The official record according to Dave "Spreadsheet" Evans



**NOW THAT'S WHAT I  
CALL A PROFILE**

## INTRODUCTION

The Editor in Chief of the Hash Trash (Bouncer) has invited me pen a few words on the running of this event. I like to refer to the event as the SD 100 to differentiate it from the Regal Relay which is a mere 79 miles.

## HISTORY

The vast archive in Spreadsheet's Library on Running Matters contains some historic spreadsheets. For the digitally interested these have been produced on a "Sinclair ZX 81".

The first dated 1993 much to my amazement contains a list of 8 Teams made up from Hash runners (well there might be an odd "Ringer" in there but more on that later). Yes that means 48 runners. To think we have struggled to get 2 Teams together in recent years. Those Teams competing in 1993 ran under the Hash Banner with sporting names as follows along with official time (hrs:mins:secs):-

1. Hash A (10:24:06)
2. Sparrowfart A (10:47:50)
3. Sparrowfart B (10:59:50)
4. Hash B (11:30:45)
5. Rustrak A (13:02:00)
6. PEP (Pete Eastwood's Pacers or was it Plodders?) (13:19:00)

7. Hash Ladies (14:07:00)

8. Rustrak B (15:03:00)

The detailed results and individual times are all recorded and make fascinating reading.

Copies are available from Spreadsheet @ £2 a copy.

The second revelation is another set of results from the 1996 event which lists only the Regal A Team. This was a "mixed" Team which included Don Elwick and Dave "Spreadsheet" Evans.

Bouncer reported in 1997 that, due to both Regal and Rustrak B Teams having been "slung" out of the SD 100 Event, Phil and Max resurrected what was termed *THE PROPER South Downs Relay* which I think has now morphed into the Regal Relay.

But that as they say is another story and would require another book.

So back to the SD 100.

In 2010 Chris Dauncey made overtures to Richard Carter, the Race Director of the SD 100 to have the Hash Vets Team reinstated. So far as the author is aware a Hash A Team continued to compete in the years 1997 to 2009.

Those overtures were successful and in June 2010 the Hash Vets Team competed after a 14 year absence.

## THE CHALLENGE

For any readers unfamiliar with the full background to the "South Downs 100" this can be found on the web at

<http://www.southdownsrelay.co.uk/howtoenter.php>

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**STRICT ENTRY**  
**DEADLINE**

Each year around the middle of January, Richard Carter, SD 100 Race Director, invites all Teams who had raced in the prior year to enter.

This contains a condition ...

..An estimate for completion of the event (**not** the time of day you want to start!!). Remember the 14 hrs. time limit.

In 2015 there was also an additional condition.  
From this year onwards only teams who meet the 14 hour deadline would be invited in future.

### HASH VETS RESULTS

2010 – 14:03:56

2011 – 14:26:22

2012 – 14:21:22

2013 – 14:34:22

2014 – 14:21:19

2015 - 13:47:24

2016 - 14:12:54

Readers will see that in 2015 we broke the 14 hour barrier but in 2016 slipped off the pace. It was only a 1.4% slip but from June 2016 to January 2017 we waited with baited breath to see whether the cut would be imposed.

To add a degree of weight and drama to the significance of this condition I might set it in the following context.

"In January 2016 the Race Director in Brighton handed me a note to say that

Following the event and on submitting our results at Chilcomb, I added a caveat asking that all reasonable consideration to be taken into account and in particular the time lost on Springhead Hill due to the dim witted driver of the Colliers School Mini bus blocking the road for 20 minutes when we were but half way to the top to deliver our runner Pat Morfitt resulting in her having to sprint over half a mile up the scarp slope to the changeover point and leading to a significant loss of time on the Leg.

I have to tell you now that no such consideration has been exercised and that the Hash Vets Team has been refused entry to this year's Race.

You can imagine what a bitter blow it is to me that all my long struggle to gain entry has failed. Yet I cannot believe that there is anything more or anything different that I could have done and that would have been more successful".

*With apologies to Neville Chamberlin*

On the 14 January 2017 I received the following e mail from the Race Director

Hi David,

It is with regret that we cannot offer Brighton Hash **Vets** an invite to this year's Relay.

The team has been over 14 hours for six of the last seven years. Sorry to bear bad news, but the deadline is an important safety aspect of the event.

I do hope you understand. BW

Richard

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### MY RESPONSE

I sent the following to the Race Director on behalf of the BH Vets.

### **An ode to the SD 100 from the Brighton Hash House Harriers Vets Team**

*With apologies to Lawrence Binyon*

We went with with songs to the SD  
Hundred when we were young,  
Straight of limb, true of eye, steady and  
aglow.

We were staunch to the end against the  
"cut off time",  
But finally fell as we faced that foe.

We have grown old, as those that follow  
are eternally young:

Age has wearied us and slowed our pace  
At the going down of the sun at the  
Chilcomb ground  
We will remember that happy race .

We will not mingle with those laughing  
downland runners again;  
And sit no more around the ground with  
talk of pace and route and getting lost;  
They will run on over chalk and turf;  
Whilst for us we've just saved on cost.

### HIS RESPONSE

Thanks David for such a touching eulogy!

However neither the event or Hash Vets are dead  
yet, so convince me in the future that you have a  
sub-14 team and we will welcome you back.

BW Richard

Thu 19/01, 12:18

From: Richard Carter sdw100relay@gmail.com

### IMAGES FROM THE EVENTS 2011 TO 2016



RULE 5 [All runners must wear a recognisable and official club vest while running] .This violation by Peter Thomas on Leg 1 near Belle Tout caused much concern amongst the Hash Vets support team as a DSQ on Leg 1 would have been gutting. Team Captain, Chris Dauncey, is seen here making a dangerous dive in direction of the 200 foot cliffs to recover discarded over-garments.



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RULE 5 violation is maintained but no marshals



Professor Pete leaves runners in his wake as he passes through Birling Gap.



Team Captain Chris phones ahead at Bo Peep to advise of his imminent arrival



Rik know that points mean prizes and pares those last few important seconds off his first Leg when arriving at Itford Farm.



**HASH VET's Team 2011**

Rik, Dave Harris, Dave Evans, Peter, Chris and Bouncer

## 2012

### Planning, Training and “Recceing” of Legs.

In the months before the Race copious spreadsheets, maps and leg allocation sheets were produced. The biggest nightmare is that injury, sickness or some other factor will befall one or more of the Team.

Not long after the Team selection had taken place, Rik was involved in a serious biking incident (please see Rik for full details), suffice to record here that his eyesight was damaged and he suffered blurred vision as a consequence for some time. Here he is sporting a pair of glasses that Michael Caine would have been proud to wear in “Get Carter”.





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Dave Evans , Mike, Prof, Peter "Harry" Harris, Pat,  
David Harris.

Rik is a "never say die" sort of bloke and despite him telling me each week on the Hash that he was a bit off form he soldiered on building up condition and recceing his Legs (well that's what he said but buy me a pint and I will tell you the whole story).



Harting Hill is the most glorious CP.



This is the life.



**HASH VET's Team 2012**

Peter "Harry" Harris, Pat, David Harris, Prof, Rik and Dave Evans.

**2013**



**HASH VET's Team 2013**



**2014**



**HAS IT COME TO THIS?**

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### HASH VET's Team 2014

Pat, Bob, Nicola, Prof, Bouncer, Chris, David and Peter “Harry” Harris, Dave Evans.

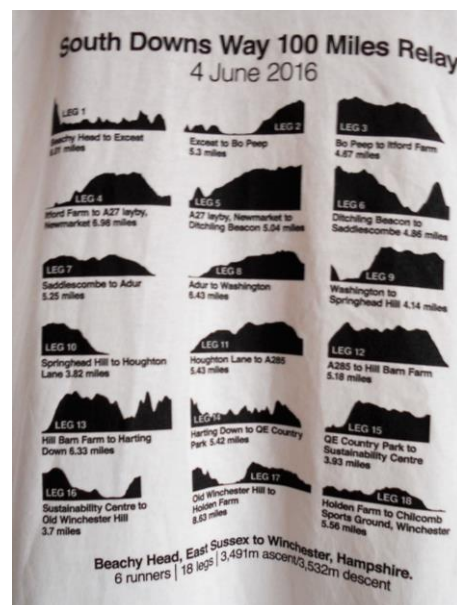
2015



### HASH VET's Team 2015

David Harris, Nicola, Dave Evans, Peter “Harry” Harris, Pat, Prof, Nick.

2016





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Brighton Hash House Harriers Vets Team - The official record according to Dave "Spreadsheet" Evans



Tim and Rob of the "A" Team can only watch and stare as the Vet's power onwards.



And here is the Vet's Team Ringer Nick, still looking fresh at Holden Farm to hand the baton to Prof for the glory or gory Leg 18 to the finish.



## THE FINAL RESULTS

Team name: Brighton Hash Vets Team number: 51

Please show your official start time, eg 06:00 or 08:30 etc, not the time on your watch.

LEG	FROM	TO	Leg start (official clock time) hh:mm:ss	Leg finish (official clock time) hh:mm:ss	Leg time (elapsed) hh:mm:ss
1	Beachy Head (592 960)	Exceat *	06:00:00	06:51:14	
2	Exceat	Bo Peep	06:51:14	07:35:19	
3	Bo Peep	A.26 Itford Farm	07:35:19	08:13:02	
4	A.26 Itford Farm	A.27 Lay-by (northside)	08:13:02	09:16:47	
5	A.27 Lay-by (northside)	Ditchling Beacon *	09:16:47	10:01:11	
6	Ditchling Beacon	Saddlescombe *	10:01:11	10:42:24	
7	Saddlescombe	A.283 lay-by east of R. Adur *	10:42:24	11:22:48	
8	A.283 lay-by east of R. Adur	Washington (South)	11:22:48	12:26:40	
9	Washington (South)	Nr. Springhead Hill	12:26:40	13:58:09	
10	Nr. Springhead Hill	Houghton Lane	13:00:09	13:58:10	* *
11	Houghton Lane	A.285 Littleton Farm *	13:34:10	14:24:37	
12	A.285 Littleton Farm	A.286 Nr. Hill Barn *	14:24:37	15:09:03	
13	A.286 Nr. Hill Barn	Harting Hill C/Park	15:09:03	16:07:04	
14	Harting Hill C/Park	Q. Eliz. Park	16:07:04	17:02:07	
15	Q. Eliz. Park	Sustainability Centre (cut-off)	17:02:07	17:39:40	
16	Sustainability Centre (cut-off)	Old Winchester Hill car park	17:39:40	18:16:00	
17	Old Winchester Hill car park	Holden Farm	18:16:00	19:24:24	
18	Holden Farm	Chilcomb Sports Grd.	19:24:24	20:12:52	
		* = two baton change			14:12:52

\* \* Mr Springhead Hill we lost 2 minutes due to a traffic jam on the hill. Our original Vienna ran 1/2 mile up to the start but arrived 2 mins after our 11.00.00. I have highlighted this in the \* \* cell.

D. Evans

That is 14 hours 12 mins (but not taking into account my note re an adjustment) and 52 seconds.

## THE COOPER CUP

This award was first introduced for the 2006 race . The Cooper Cup is presented to the fastest team on an age- and gender-adjusted basis. Actual leg times are corrected using the factors published by



## **South Downs 100 mile Relay Commemorative Edition**

**Brighton Hash House Harriers Vets Team** - The official record according to Dave “Spreadsheet” Evans the World Masters Association WMA age-grading calculator which allows creation of a level playing field between all teams - mens, ladies, veteran and all combinations. The Cooper Cup, was donated by Ian Cooper of Haywards Heath Harriers who was a long-time organiser of the event. All Teams are eligible to compete for this award; relevant information is collected on the day on the starter's declaration forms.

In 2016 there were 55 in the list for the Cooper Cup.

The Hash Vets were placed 25<sup>th</sup>. Our Age Related Performance (ARP) was graded 79.58% (cf 2015 81.16%).

The Hash A Team were placed 53rd with an ARP of 71.42% (cf 2015- 73.13%).

It is not the style of the Vets to express triumphalism but in the pages of this narrative let us just say “Marvellous”.

### **T H A N K S**

Thanks to all who have made this whole series of races possible.