



BH7 HASH HOUSE HARRIERS WINTER '98 RUNS

CONTACT: ON-SEC DON ELWICK 01273 385637 / 0956 696864
OR JOHN 'BOUNCER' BIGGINS 01444 230903 (HOME)
01273 792750 (WORK)

HASHING - FOR DRINKERS WITH A RUNNING PROBLEM

BH7 or Brighton and Hove, Haywards Heath and Horsham Hash House Harriers run every Monday throughout the year from pubs throughout the Sussex Vale. Runs are non-competitive following a marked trail through variable terrain covering between 4 and 7 miles. We meet at 7.30 pm at the weeks designated pub and try and complete the run by 9.00 pm followed by good beer, good food, good beer, good company and good beer in the pub, usually until we get chucked in the street. Torches are recommended if not essential on winter runs and prepare to get muddy.

If you've half a mind to try hashing, you're probably over-qualified!

RUN SHEET TO MARCH 1998:-

DATE	NO.	PUB	AREA	SETTERS
19-January-1998	1022	SUSSEX YEOMAN MR 308 049 GUILDFORD ROAD JUST UP FROM THE STATION – SAUSAGE PUB	BRIGHTON	DAVE TAYLOR & PHIL MUTTON 01273 506896/ 01273 509958
26-January-1998	1023	LEISURE CENTRE MR 212 165 SIGNPOSTED OFF CHURCH STREET	HENFIELD	HUGH MARTIN 01273 494200 HUGH'S 500TH
02-February-1998	1024	WINNING POST MR 365 163 JUST NORTH OF LEVEL CROSSING	PLUMPTON	BOB LUCK 01273 891252
09-February-1998	1025	CASTLE MR 189 107 BETWEEN STEYNING AND UPPER BEEDING	BRAMBER	JO WALTERS 01273 765163
16-February-1998	1026	HARE & HOUNDS MR 214 222 ON A279 HENFIELD ROAD	COWFOLD	IVAN LYONS & PETE BEARD 0173 707182/ 01273 887579
23-February-1998	1027	KINGS HEAD MR 405 096 SOUTHOVER HIGH STREET	LEWES	TONY FALLOWFIELD & CHRIS DAUNCEY 01273 385755/ 01273 554148

INTRODUCTION

by the Editor

Welcome. How many times, I wonder, have you sat in a doctor's or dentist's waiting-room leafing through a pile of unreadable crappy old magazines and thought to yourself, "I wish, oh how I wish, all these unreadable crappy old magazines could be conveniently packaged up into one single completely unreadable crappy old magazine"?

Exactly. But nevertheless, this is the magazine for **you**. Hundreds of pages of Parish Newsletters, American Express Luggage Invitations, True Farm Confessions, and Specification Charts For Men Who Have Difficulty Telling The Difference Between Their Car And Their Dong.

We've scoured the Reader's Digest for rare articles not about either Cancer or Heroism. We spent ten long minutes reading every issue of the Sun since 1968 in our quest for the Legendary News Item. And we've included them all. Or not, as the case may be.

But this is not merely a parade of cruel lampoons. For within this lovely compendium – as much a Work of Art as it is a pile of steamies – ye can make your fortune. For here within, my fair friend, ye will find the clues that may lead you to the fabulous

PUBLISHER'S WASHING INSTRUCTIONS

Should the book be heavily stained or have deep soiling we recommend you buy another one.

If stains persist consult your doctor, or sea off the flow with a rubber band.

For light stains the book may be washed in lukewarm soapy water. This is **GUARANTEED** to work. Treat as for deep soiling above.

Wash separately. Each page should be removed from the spine and carefully scrubbed before soaking in biological detergent. This should remove all traces of smut, foul language, ink, etc.

 dry flat or iron

 **DO NOT steam**

 **DO NOT spot dry**

 **DO NOT ask me what this means**

Golden Brain. Tis worth thousands of poundes and tis buried somewhere within Great Britain, an exacte and hideouse scale modele of Reaganne's tinie thinkinge organne. No bullshitite. Look ye well, O Hunter, and Dame Fortune be with you, me old cockalorum, but remembre:

*The best of men is only
a man at best*

So if you can't find it tough tittie.

Yours expectorantly,



N.B. The Golden Brain Competition is open to members of the Brighton Hash team, their relatives, brain modellers map-readers and hole-diggers. Offer closes Christmas 1998. Please do not piddle in the lift.

Now hang on just one cotton pickin' minute! Just how bad have things got that even the editors pre-ramble is plagiarised, nay worse, stolen verbatim and photocopied from .. somewhere. A clever dick of the month prize goes to anyone who actually identifies the source, and if you can find the golden brain too, well it's gotta be worth a beer! Oh and have one yersel'.

You will have noticed a slight change in format this ish in that the runs are now listed on the front cover and no more of those confusing maps. This is to help me cos I couldn't be arsed to keep fiddling about with directions to pubs I don't know, to help you so you don't have to read the rest of this gob... , and to help joe public who like to steal run sheets from Jog Shop whenever. Comments? Keep 'em.

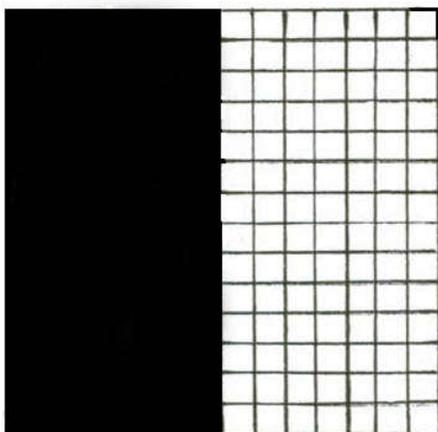
Huge thanx to Les and Simon for the Christmas run, Pete for arranging the mulled wine stop, and Ray for keeping us amused(!) with his soliloliquidising. What the hell was that about Ray? Somewhere else next year lads?

Don't forget! Hove beer festival is on 27th and 28th Febrewery. Tickets as usual from Evening Star, Town Hall or if you bribe me I'll get them for you.

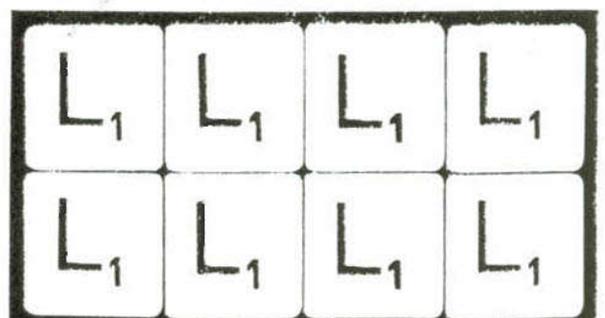
Keep the runs coming.



34 SOUTH AFRICAN CROSSWORD



35 BY CUTTING OUT THESE LETTERS AND STICKING THEM ONTO YOUR EXISTING SET, YOU CAN PLAY WELSH SCRABBLE®



The following article was found on the internet. I have a number of other pieces from this source which will appear in future issues but if you have access and find any more interesting pieces I would be happy to print them. Try Flying Borgas??

How to Make Hash

Last updated: 9 May 1995

Does anyone know how to make hash? In fact about 80,000 people world wide do.

Ingredients:

- 1/2 brain
- 2-5 kegs beer
- 1-2 coolers of soda semi-optional, diet soda more optional yet
- 3-25 lbs flour and/or 2-3 boxes chalk (1/4 drywall board may be substituted
- 4-6 miles of shiggy (3-7 miles of street may be substituted, but the flavor will not be the same)
- 10-250 hashers
- Assorted munchies may be added to taste

Directions:

Talk you half a brain (really, that's *all* that is mandatory), mix it up by drinking 2-5 kegs of beer. Do NOT add all the beer at once as it overwhelms the rest of the ingredients.

Start with 2-4 mugs, then sprinkle the flour liberally over the shaggy or draw the chalk like clarified butter over the streets. You may combine these techniques to come up with a unique mixture of tureen, er terrain. As you do so, imbibe more beer, it will make for a better trail.

Save the munchies for later, they'll just dilute the beer at this point.

Periodically, pause and use whatever forms or funnels or other utensils you have to mold X shaped decorations on the shiggy. Then continue along the shiggy, withholding additional flour to give the hashers a chance to use their half-brains. When you have used up all the flour or chalk or have arrived at a safe place to set the rest of the beer you are done.

Let the remaining beer breathe, while the hashers simmer until browned, er downed. Then pour in all the remaining beer and distribute the munchies.

This recipe can be halved or doubled, microwaved or frozen for up to six months in some parts of the country.

Snippets:-

Apparently Swampee has died of a heart attack. They offered him a by-pass but he wasn't having any of it.

HOMER SIMPSON'S BEER SONG:

Doh - The stuff that buys me **BEER**
 Re - The guy that serves me **BEER**
 Mi - The bloke that drinks the **BEER**
 Fah - A long way to get **BEER**
 So - I'll stay here for my **BEER**
 La - I'll have another **BEER**
 Ti - No thanks, I'm drinking **BEER**
 That brings us back to **DOH!**

Some jokes:-

A woman walks into a bar and orders a Double Entendre, so the barman gave her one!

A female sound engineer walks into a bar and orders a drink so the barman gave her 1-2, 1-2!

Shiggy ingredients

- trails
- firebreaks
- up hills
- down hills
- sewers
- rivers
- swamps
- toxic waste sites
- hashers' home or work places
- rocks
- mountains
- tundra
- glaciers
- bayous
- everglades
- conifer forests
- all other forests
- desert

Take equal parts ingenuity and imagination and combine with an assortment of the ingredients listed above. Mix. Blend. Puree. Pulverize.

Hasher ingredients

- 1/2 brain

Just add beer, et voila! Instant asshole.

On -out!

The article right is for the benefit of Brett Hughes who is currently working on table-hashing!

Subuteo TABLE SWIMMING



Capture all the authentic thrills of international competition in your own living room.

EACH SET CONTAINS

- Eight subuteo (r) swimmers
- Finely detailed Olympic pool
- 2 Gallons of chlorinated water
- 1 Swimmer being resuscitated
 - 1 Duncan Goodhew
- 1 Sharron Davies with current boyfriend
 - 8 Dry towels
 - 2 Wet towels
 - 1 Cockroach
 - 3 Verrucas
 - 2 Cups hot Bovril
- 1 Thing found floating in pool

Using fingertip control, you can give your swimmers all the skill and speed of professionals.



Breaststroke



Crawl



Butterfly



Backstroke

Flick the swimmer into the pool, flick him all the way to the end, then flick him back again - it's exactly like the real thing!

COMING SOON!! TABLE SHOWJUMPING!

THE SHIT LIST

GHOST SHIT: You know you've shit. There's shit on the toilet paper, but no shit in the bowl. Sometimes referred to as the "Torpedo Shit" by those who hear a splash.

TEFLON SHIT: Comes out so slick, clean and easy that you don't feel it. No traces on the toilet paper. You have to look in the toilet bowl to make sure you did it.

GOOEY SHIT: This has the consistency of hot tar and leaves permanent skid marks in the toilet. You wipe your arse 18 times and it still doesn't come clean. You end up putting toilet paper in your underwear so you don't stain them.

SECOND THOUGHT SHIT: You're all done wiping your arse and are about to stand up when you realise it... there's more to come.

POP A VEIN IN YOUR FOREHEAD SHIT: The kind that killed Elvis. It doesn't come until you're all sweaty, trembling and purple from straining so hard.

RIGHT NOW SHIT: You'd better be within 10 seconds of a toilet. Usually has its head out before you can get your pants down.

KING KONG or "COMMODOE CHOCKER" SHIT: This is BIG. So big you know it won't go down the toilet unless you break it up into small chunks (a coat hanger works well). This kind of shit usually occurs at someone else's house.

WET CHEEKS SHIT: This shit hits the water sideways and makes a BIG Splash that gets you're arse wet.

WISH SHIT: You sit there all cramped up with pain in your guts, you fart a few times, but still don't shit.

DIET SHIT: You shit so much, you lost 10 kilos.

CEMENT BLOCK SHIT or 'OHHH GOD' SHIT: After you've started this you'll wish you'd gotten spinal anaesthetic first.

SNAKE SHIT: This is fairly soft, about as big around as your thumb, and at least 3 feet long. Has the potential to become a "Torpedo Shit".

CORK SHIT, ALSO KNOWN AS THE FLOATER: Even after the third flush it's still there. My god! How do I get rid of it? The bloody thing is unsinkable. Another one that usually happens at someone else's house.

MEXICAN FOOD OR "VOLCANO SHIT": Like shitting sulphuric acid. Beware of letting any sweat trickle between the cheeks of your arse for the next day or two. Not safe to eat again until your arse-hole stops burning (in fact this is how the Mexicans can tell when they're hungry).

BEER SHIT: One of the worst kinds of shit, this is also one of the most common. It happens the day after the night before. Normally your shit doesn't smell too bad, but this shit is BAD. You spray the bowl from top to bottom so that it looks like its been blasted by a shotgun loaded with oregano and you wonder how your arse-hole could point in so many directions at once. Then you discover there's bugger all toilet paper and no dunny brush to clean the bowl. If you're in a combination toilet/bathroom, there's usually somebody standing outside waiting. Another kind of shit that usually happens at someone else's house.

CLITIS

WHERE IS IT REALLY?

The Clitis – one of the great mysteries of the female body. Where is it? What is it? And what do the modern couple do with it once they find it. George Fraud, an eminent London doctor (of Law) tackles these modern problems.

In this modern age, populated with modern men and modern women, with their modern cars and really modern kitchens, many of the taboos of yester year have disappeared completely. The modern man is as happy discussing tampons, menstrual cycles, inverted nipples, and multiple orgasms, as he is football. Understains, however, remains taboo.

But how does the modern man view the clitis? Well, as in any discussion where you're paid by the word, the answer isn't simple. Perhaps the major change from 50 years ago is in the question that the male asks; the shift has been from 'What is it?' to 'Where the bloody hell is it?' In my extensive research, conducted last Saturday afternoon, I have come to the conclusion that the clitis is located either inside the ear or directly behind the knee. Or it might as well be as far as my wife's concerned.

Perhaps more importantly is the question of what to do with it once located, and the answer is 'Don't ask me – although I imagine it's something sexual'. It is becoming increasingly clear that asking it out for a game of tennis is wasting everybody's time. Now have I answered all the questions? ... eh ... oh no ... eh what s it?

Right. Well quite simply it's a pleasure centre, rather like a sports complex although much harder to hurdle in.

Finally I was very fortunate a couple of months ago to conduct a frank and forthright interview with Mr Fred Hampson a retired clitis. I asked him just why are clitises so difficult to find? His answer was both simple and illuminating, 'Well if every time you came out a hundred foot thumb battered you over the head, then I'd imagine that you'd lie pretty low.' Well there you have it, the mystery solved and my new stereo paid for.

Below are some informative diagrams which take up a lot of space.



- If clitis is located at any of these points you could be in trouble, although you might be able to make a living on the cabaret circuit.
- ★ Probable location, when scrabbling about hopelessly thinking 'Oh God, where is it? Where is it?' Keep in this general area.

1	2	3	4
			

1 A clitis magnified 1000 times, as you can see.. Oh God Where's it gone?

2 Right, as you..Oh no

3 Note well the markings on ... oh forget it.

4 Aha! Gotcha – there he ss – the clitis.

Scoreline

for friends, love, marriage
– you get the picture

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4. Do you consider yourself:

1) Sexy
2) A star
3) Outspoken
4) Incredibly intelligent
5) A force to be reckoned with

2. Indicate your preferences for the following interests:

1) Opera
2) Football
3) Art
4) Literature
5) Legistics

I am over seventeen and would like you to send me complimentary free details of Scoreline a Dating Service (£3,500.450) and also a brochure outlining the advantages of Scoreline 4.
Buyer Beware Double Glazing. And don't mind if a salesman calls at my home one evening. I am also very interested in a complete set of the Scoreline Encyclopedia (Applied 129 volumes).

3. Which of the below do you find attractive.

1) A
2) B
3) C



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For friends, love, marriage and yes, all right, that as well.

NAME _____

ADDRESS _____

Scoreline

IS SCORELINE SUCCESSFUL?

1:810:15

COSMOPOLITANS CUT-OUT & KEEP GUIDE TO

CONTRACEPTION

METHOD	FAILURE RATE	EMBARRASSMENT FACTOR	METHOD	FAILURE RATE	EMBARRASSMENT FACTOR
THE PILL	0-2%	Fairly low. Potential embarrassment when staying with Catholic relatives and trying not to rattle the silver foil. Also having to leave in the middle of film/dinner party/job interview because you've just remembered you forgot to take it. This method can prove very embarrassing to those who have not learned the days of the week.	THE SPONGE	Uncertain	During insertion this device has a tendency to catapult across the room. A stable relationship necessary to withstand humiliation induced by this method.
CONDOM (SHEATH, JOHNNY, FRENCH LETTER, RUBBER ETC)	3-6%	High. This is to be expected, given the wide variety of silly names for it. If using this method, it is advisable to be a witty conversationalist to bridge the 15 minute gap in sexual relations while putting it on. No variety of colours or textures will prevent you from looking daft wearing one. Extra embarrassment is experienced if you can't find it afterwards.	INTRA-UTERINE DEVICE (IUD OR COIL)	2-4%	Medium embarrassment factor caused when the device picks up messages from the space shuttle during intercourse.
THE DIAPHRAGM (CAP)	3-12%	High. When not in use, is likely to fall out of handbag. When in use is likely to fall out of body.	SPERMICIDES (FOAMS, JELLIES, CREAMS)	10-14%	High. For obvious reasons (who wants to make love to a gateau?)
			COITUS INTERRUPTUS	10-40%	Post-coital embarrassment experienced when going to the laundry.
			RHYTHM METHOD	High	High, (again, after intercourse) when asked to pay child maintenance.